

# Sophie

by **Valori Wells**  
DESIGNS

for *Free Spirit*

Westminster Fibers  
3430 Toringdon Way, Suite 301  
Charlotte, NC 28277

*Finished quilt size 40" x 50"*



## *Sophie – Sole’ Flannel – Materials Needed and Cutting Instructions*

*(all measurements based on accurate cutting, 1/4" seam allowance, and 42" wide strips)*

1/2 yard FVW02 - yellow paisley	Cut 1 - 16 1/2" x 42" strip. From this cut a 16 1/2" x 26 1/2" strip for the center rectangle.
1/8 yard each of seven different fabrics and 1/4 yard of another fabric for the bricks  FVW06 - orange agapantha FVW06 - yellow agapantha FVW04 - orange sunflower dot FVW05 - green flower vine FVW05 - blue flower vine FVW05 - purple flower vine FVW04 - yellow sunflower dot  FVW06 - green agapantha (1/4 yard of this one)	Cut 1 - 2 1/2" x 42" strip from each of the seven fabrics. Cut 2 - 2 1/2" x 42" strips from the eighth fabric. Cut each strip into 2 1/2" x 6 1/2" rectangles.
7/8 yard FVW01 pink sunflower	Cut 2 - 6 1/2" x 38 1/2" strips for the side borders. Cut 2 - 6 1/2" x 40 1/2" strips for the top and bottom borders.
1/2 yard for binding	1 1/2 yards for backing      46" x 56" quilt batting

## Sophie Quilt Sewing Instructions

BEFORE CUTTING AND SEWING, PLEASE READ ALL INSTRUCTIONS TO FAMILIARIZE YOURSELF WITH THEM.

A 1/4" seam allowance is used throughout.

1. Sew the 2 1/2" x 6 1/2" bricks into one long strip, right sides together and sewing the 2 1/2" edges together.

Figure 1. Press.



Figure 1

2. Starting at the bottom left-hand corner of the center rectangle and right sides together, sew the brick strip to the center. Figure 2. Cut off the brick strip even with the top edge. Press toward the center rectangle.

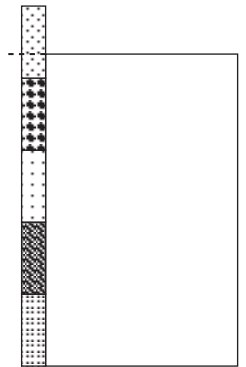


Figure 2

Starting with the cut edge, sew the brick strip to the top of the center rectangle. Cut off the brick strip even with the side edge. Figure 3. Press toward the strip.

Continue this step, sewing the brick strip to the right-hand side of the center rectangle. Cut off, press, and sew the brick strip to the bottom edge of the center rectangle.

Figure 4.

Press.

3. Start in the bottom left-hand corner and sew on the brick strip, sewing it right sides together to the first brick strip sewn onto the center square.

Figure 5.

Continue adding brick strips clockwise to the center of the quilt. Sew on strips until there are three sets of brick strips on each side. Press. Figure 6.

4. Referring to the quilt diagram, sew a 6 1/2" x 38 1/2" border strip to both sides of the quilt. Press.

5. Sew a 6 1/2" x 40 1/2" border strip to the top and the bottom of the quilt. Press.

6. Layer, quilt, and finish.

Val quilted an overall floral design on this quilt.

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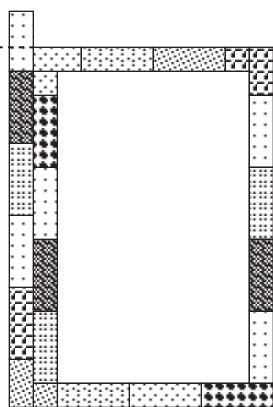


Figure 5

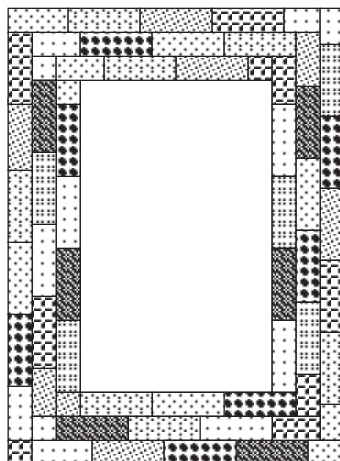


Figure 6

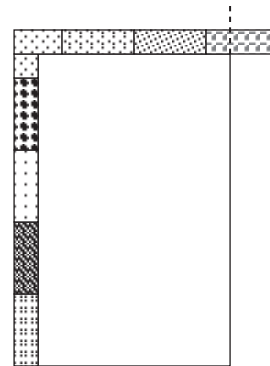


Figure 3

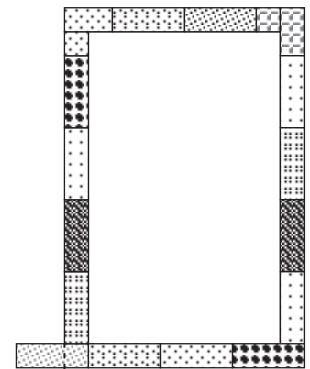
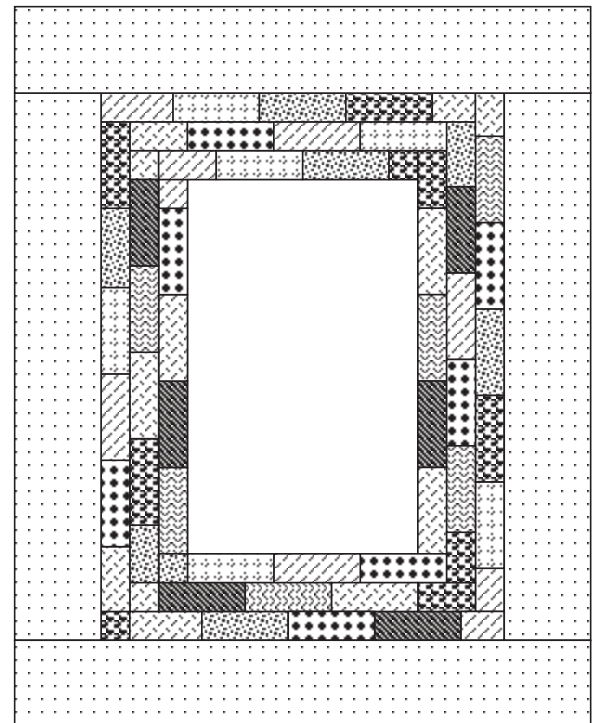


Figure 4



Quilt Diagram